



FINAL- APPROVED
Virginia Board of Counseling
Regulatory Committee Meeting Minutes
Friday, March 20, 2026, at 10:00 a.m.
9960 Mayland Drive, Henrico, VA 23233
Board Room 3

- PRESIDING OFFICER:** Gerard Lawson, PhD, LPC, LSATP, NCC, Committee Chairperson
- BOARD MEMBERS PRESENT:** Nakeisha Gordon, LPC
 Luanne Griffin, LPC
 Terry R. Tinsley, PhD, LPC, LMFT, CSOTP
- BOARD MEMBERS ABSENT:** Cyrus Williams, PhD, LPC, LSATP
- BOARD STAFF PRESENT:** Latasha Austin, Licensing & Operations Manager
 Jennifer Lang, Deputy Executive Director
 Charlotte Lenart, Deputy Executive Director
 Maria S. Stransky, LPC, CSOTP, CSAC, Executive Director
- DHP STAFF PRESENT:** Erin Barrett, Director of Legislative & Regulatory Affairs, Department of Health Professions
- PUBLIC ATTENDEES:** none
- CALL TO ORDER:** Dr. Lawson called the Regulatory Committee meeting to order at 10:00 a.m.
- ROLL CALL/ESTABLISHMENT OF A QUORUM:** All Committee members and staff introduced themselves. Four Committee members were present in person at roll call, establishing a quorum.
- MISSION STATEMENT:** Dr. Lawson read the Department of Health Professions’ mission statement, which also serves as the Committee’s mission statement. He then read the emergency egress instructions.
- ADOPTION OF AGENDA:** The meeting agenda was adopted as presented.
- APPROVAL OF MINUTES:** The Board reviewed the minutes from the last meeting held on September 19, 2025.
Motion: Ms. Griffin made a motion, which Ms. Gordon properly seconded, to approve the minutes from the September 19, 2025 Committee meeting, as presented. The motion passed unanimously.
- PUBLIC COMMENT:** No public comment was provided.
- NEW BUSINESS:**
- **Periodic Reviews**
 Ms. Barrett provided an overview of the Periodic Review Process to the Committee, noting that the review occurs every four years. She invited suggestions, general changes, and any needed edits to the regulations.

 Ms. Barrett and Ms. Lenart discussed proposed revisions to Chapters 20, 50, and 60, specifically within the following sections: Definitions, Fees Required by the Board, Licensure by Examination, Degree Program Requirements, Coursework Requirements, and Residency Requirements.

The Committee discussed potentially creating a Guidance Document on Group Supervision and a Guidance Document on Degree Program Requirements.

The Committee took a break at 11:43 a.m. The meeting was reconvened at 12:04p.m.

Action Items & Next Steps:

The Regulatory Committee will resume the periodic review of Chapters 20, 50, and 60 at the next meeting scheduled for June.

NEXT MEETING DATES:

The next Regulatory Meeting will be held June 5, 2026.

ADJOURNMENT:

Dr. Lawson adjourned the March 20, 2026, Regulatory Committee meeting at 12:50 p.m.



Gerard Lawson, PhD, LPC, LSATP, NCC, Committee Chairperson



Maria S. Stransky, LPC, CSOTP, CSAC, Executive Director